

# Microdermabrasion with PowerPeel

## What are the benefits?

Microdermabrasion has been medically proven for simple and painless treatments of many skin conditions. Microdermabrasion activates the collagen fibers in the skin through increased stimulation and circulation therefore enhancing skin appearance and texture. The thorough exfoliation improves and lightens hyperpigmentation (brown spots), helps rid skin of fine lines, improves the appearance of acne scarred skin, aids with the treatment of acne, and improves the appearance of new "pink" stretch marks. After a revitalizing microdermabrasion treatment the rejuvenated skin is visibly more healthy and vibrant.

During your [free initial consultation](#), we will evaluate your unique needs and explain the procedure in detail. You will have the opportunity to view before and after photos, so that you will know what to expect from the treatment. After your treatment we will instruct you on the best techniques to care for your skin to maintain your new healthy look. .

## How often can treatments be performed?

MIAMI EYE CENTER specializes in custom tailoring our clients individual skin care needs. Although there are immediate benefits after one microdermabrasion treatment, for optimum results we recommend a series of six to twelve treatments.

## How much time is needed for each treatment?

On average, the client will spend twenty to forty five minutes in treatment; a lunch hour.

## How soon will the results be visible?

Results will be noticed immediately but because every individual's skin is different the visible improvements will vary.

## Is it painful?

Our client's comfort is the top priority at MIAMI EYE CENTER. Generally speaking, Microdermabrasion is not painful and requires no topical anesthesia. Your skin may feel a little hot and appear a little pink for the first day.

## Am I a good candidate?

Microdermabrasion is safe and effective for all skin types and for anyone interested in improving the appearance of:

- Scarring, including acne scars
- Mild to moderate acne
- Fine lines and wrinkles
- Uneven skin tones and pigmentation problems
- Sun damaged skin
- Dull, lifeless skin

### **Who should NOT have Microdermabrasion?**

You should not have a microdermabrasion treatment on the affected area if you have the following:

- Undiagnosed lesions
- Recent herpes outbreaks
- Warts
- Active, weeping acne (stages 3-4)
- Active Rosacea
- Unstable diabetes
- Auto-immune system disorders
- Some patients hyperpigment post-op. Lower pressures are used on follow-up treatments
- Using RetinA religiously or just had a chemical peel
- Recently had laser surgery

### **How does Microdermabrasion compare to a Chemical Peel?**

With microdermabrasion there is no preconditioning, no anesthesia, no chemicals, no "downtime", and it can be performed on all skin types. This noninvasive procedure, performed by a licensed aesthetician, will improve your overall appearance with no disruption from your daily activities.